

S&P 500
Bull and Bear Markets 1914-2009

Date of Market Top	Index High Value	% Increase Up	Days to Top*	Date of Market Bottom	Index Bottom Value	% Decrease Down	Day to Bottom*
10/09/2007	1576.09	105.1%	1826	03/06/2009 ?	666.79 ?	-57.69% ?	515 ?
03/24/2000	1527.46	59.6%	533	10/09/2002	768.63	-49.7%	929
07/17/1998	1190.58	304.3%	2830	10/08/1998	957.28	-19.6%	83
07/16/1990	369.78	67.1%	955	10/17/1990	294.51	-20.4%	93
08/25/1987	337.89	233.1%	1839	12/04/1987	221.24	-34.5%	101
11/28/1980	140.52	61.7%	998	08/12/1982	101.44	-27.8%	622
09/21/1976	107.83	73.1%	719	03/06/1978	86.90	-19.4%	531
01/05/1973	119.87	73.0%	955	10/03/1974	62.28	-48.0%	636
11/29/1968	108.37	48.0%	784	05/26/1970	69.29	-36.1%	543
02/09/1966	94.06	79.8%	1324	10/07/1966	73.20	-22.2%	240
12/12/1961	72.64	86.4%	1512	06/26/1962	52.32	-28.0%	196
08/02/1956	49.75	267.2%	2607	10/22/1957	38.98	-21.6%	446
05/29/1946	19.25	157.7%	1492	06/13/1949	13.55	-29.6%	1111
11/09/1938	13.79	62.2%	223	04/28/1942	7.47	-45.8%	1266
03/10/1937	18.68	131.8%	727	03/31/1938	8.50	-54.5%	386
07/18/1933	12.20	120.6%	141	03/14/1935	8.06	-33.9%	604
09/07/1932	9.31	111.1%	61	02/27/1933	5.53	-40.6%	173
09/07/1929	31.86	408.9%	2936	07/08/1932	4.41	-86.2%	1035
07/16/1919	9.64	60.7%	574	08/24/1921	6.26	-35.1%	770
11/20/1916	10.55	59.1%	781	12/19/1917	6.00	-43.1%	394
				October 1914	6.63	-37.5%	
Average >		128.525%	516			-37.68%	534
Median >		83.1%	488			-35.10%	523
Maximum >		408.9%	2936			-86.2%	1266
Minimum >		59.1%	61			-19.4%	83

* Number of days between tops and bottoms are all days, which includes weekends and holidays.